November 2026

Sperling News



NOVEMBER DATES:

November 4-10: Poppy Drive

November 9:
Online Safety Presentation for Grades 6 and 7 students

November 10:
Remembrance Day Assembly

November 11:
Remembrance Day - school is closed

November 18: PAC Meeting 7:00 PM (virtual)

November 20:
Professional Development Day - school is closed

November 17-25 - Toy Drive

Dear Sperling Families,

As the days grow shorter and the weather becomes cooler, November provides us with an opportunity to reflect, learn, and come together as a school community. We are grateful for the many families, caregivers, and volunteers who continue to support our students and school. Thank you for helping make Sperling a welcoming and vibrant place to learn.

Pumpkin Patch Success!



Thank you to everyone who helped make our annual Sperling Pumpkin Patch a wonderful success. Students enjoyed selecting their pumpkins and participating in festive fall activities. It was wonderful to see so many smiles across our school community.
A special thank you to the volunteers and staff members who helped organize and support the event. The kids loved the hot chocolate!

Remembrance Day



Throughout the month, students will be participating in learning activities that help them understand the importance of remembrance, peace, and service. Our school will gather for a Remembrance Day Assembly November 10 to honour those who have served and sacrificed for our country.

We encourage families to take time together on November 11 to reflect on the significance of this day.

Student Leadership

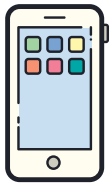


Our Student Council continues to bring enthusiasm, leadership, and school spirit to our community. Last week's Spirit Week was a wonderful success and brought plenty of excitement and fun for students throughout the school. A special thank you to Mme Altman for her dedication in leading Student Council and to our enthusiastic student leaders who worked hard to make the week such a positive experience for everyone.

Digital Citizenship



We continue to encourage students to be responsible digital citizens both at school and at home. Families are reminded to regularly discuss online behaviour, respectful communication, and digital safety with their children.
Helpful reminders for students:



- Think before you post.
- Be kind online.
- Do not share personal information.
- Report concerning online behaviour to a trusted adult.
- Save evidence and screenshots if inappropriate messages are received.

Working together, we can help ensure safe and respectful online spaces for all students. The school district has compiled a list of resources for parents and caregivers here: https://edtechplan.burnabyschools.ca/parents-caregivers/

Primary Winter Concert - Save the Date December 10 - 11:00 and 1:30 PM



We are excited to be planning a school-wide Winter Sing-Along this December. Rather than a traditional concert format, classes will be learning familiar winter songs and coming together to celebrate through music and community. We wil have two concerts, one at 11:00 and the second concert at 1:30. More information will be shared with families in the coming weeks.

We're Launching Our School Instagram Account!

We are excited to announce the launch of Sperling Elementary's Instagram account! This new platform will help us share the many wonderful things happening in our school, including classroom learning, student activities, special events, celebrations, and examples of the great work taking place each day.

We invite families to follow along and stay connected with our school community. It's a great way to get a glimpse into the learning, creativity, and school spirit that make Sperling such a special place.

Follow us on Instagram: SperlingelementarySD41

We look forward to sharing and celebrating student learning with you throughout the year!

First Movie Night of the Year



We are excited to announce our first Sperling Movie Night of the year on **November 27**! This community-building event is a wonderful opportunity for families to come together, connect, and enjoy an evening at school.

Proceeds from the event will support our Grade 7 year-end celebrations, helping to create memorable experiences for our graduating students.

More details, including the movie selection, will be shared soon. In the meantime, please note that this is a family event, not a drop-off event. Students must attend with a parent or caregiver, and parents are responsible for supervising and supporting their children's behaviour throughout the evening.

We look forward to seeing many Sperling families there for a fun night together!

LEARNING HIGHLIGHTS



Starry Night Pumpkin Patch Inspired by Vincent Van Gogh Ms. Ricker's class





Funny jack o'lanterns by Mme Romalo's class and Mme Lee's class!



Ms. Bonvino, Ms. Anderson, Ms. Armstrong, and Ms. Malet-Veale as Care Bears for Halloween!



Zentangle Pumpkins by Ms. Marriott's class!

burnaby christmas bureau

making holidays brighter since 1980

Metropolis at Metrotown

Registration: November 2 to 30, 2026

Holiday gifts for eligible Burnaby families



When:

Monday – Friday, 9:30 AM – 4:30 PM

*Closed 12 PM – 1 PM, and November 11

✓ What to Bring:

1. Proof of Burnaby address
2. Proof of Income
3. ID for each child

Questions? Call 604.299.5778



A program of

BURNABY COMMUNITY SERVICES

METROPOLIS at metrotown

BRITISH COLUMBIA

City of Burnaby

MARINE ROOFING GROUP

P&L CPA

The Province EMPTY STOCKING FUND

Kind Mind Month is coming! The Kelty Foundation is excited to bring the Kind Mind Program to our school! This month-long mental health initiative will help students build resilience and practice kindness through engaging social-emotional challenges at home and in the classroom. Parents and caregivers will also receive helpful resources, tools and tips to help support and engage their child's mental health learning at home. We're looking forward to a month of learning, connection, and promoting mental well-being for students and families alike!

Visit the Program Hub, exclusive to participants, at
thekeltyfoundation.org/kindmindchallenge
Password: ***KINDMIND***

About the Kind Mind Program: *The Kind Mind Program is an elementary school-based initiative that encourages meaningful conversations around mental health and equips families with the tools to foster mental well-being from the start.*

The Kelty Foundation's mission is to reduce youth mental health crises and suicides by prioritizing prevention, early intervention, and measurable impact. The Kind Mind Program operates in elementary schools across BC, delivering foundational SEL education that engages families, reduces stigma, and connects communities to resources. To learn more visit www.thekeltyfoundation.org

kind mind

We're excited to share that The Kelty Foundation is hosting our **Navigating Big Emotions Virtual Workshop, November 11, at 7:00 PM**!

Ahead of the Kind Mind Program starting at your school in November, this is a great opportunity to invite parents, caregivers and educators into the conversation about supporting children and youth mental health.

This one-hour interactive workshop explores how anxiety and big emotions impact the brain, body and behaviors. Our workshop host, Sheldon Franken, will talk about practical strategies for supporting children's emotional well-being, including coping skills from the Dialectical Behaviour Therapy (DBT) ACCEPTS Model.

Workshop Details

Date: Thursday, November 12, 2026

Time: 7:00 PM (Pacific Time)

Location: Virtual

The workshop is happening on Thursday, November 12, at 7 p.m. Pacific Time (Vancouver).

To register, click here: https://calendly.com/thekeltyfoundation/navigating-big-emotions-virtual-workshop-new?month=2026-11&date=2026-11-12

The Grade 7 Quebec Fundraiser Committee is working together with Growing Smiles Fundraising to offer a selection of holiday plants (include poinsettias, succulent bowls, greenery and holiday wreaths) for the upcoming winter season as part of our holiday online fundraisers.

HOW TO SUPPORT THE STUDENTS:

Team Name: Sperling Elementary Gr 7 Quebec Trip
Website URL: sperlingelementary.growingsmilesfundraising.com

DEADLINE TO ORDER: Sunday November 15, 2026 @ 10PM

PICK UP: Wednesday December 2, 2026

PICK UP LOCATION: At Sperling School

Feel free to share this link with friends and friends, to purchase Growing Smiles quality plants that will bring joy to the holiday season.

Thank you for your support from the Quebec Fundraising Committee.

Growing Smiles FUNDRAISING

Support Our Grade 7 Grads & Quebec Trippers!

We are excited to launch our collaborative Purdys Chocolates fundraiser! This *joint* effort supports both our end-of-year Grade 7 Graduation festivities and the upcoming (optional) Quebec cultural trip.

By purchasing some delicious holiday treats, you are directly lowering costs for our students and helping them make unforgettable memories. You can place your order online directly through the SPERLING GRADE 7 & QUEBEC JOINT FUNDRAISER page.

https://fundraising.purdys.com/fundraising/campaign/000039144/member/108317

The final deadline to submit orders is December 2nd. Thank you so much for your sweet support!

Dear Sperling Community,

Thank you to everyone who supported October's apple fundraiser! We hope you're enjoying those delicious apples.

If you missed out or simply can't wait to get your hands on more, don't worry, we are pleased to confirm that due to popular demand, the PAC is doing another fundraiser!

Purchase delicious, farm-fresh apples straight from the Okanagan today!

This isn't just any fruit sale. We've partnered with a century-old family orchard that has won national awards (including Best Apples in Canada for eight years running!).

These apples are crisp, flavourful, and shipped directly from the farm—so you'll be enjoying the very best at prices lower than the grocery store.

- Order by Saturday, November 7th
- Delivery date Tuesday, November 17th

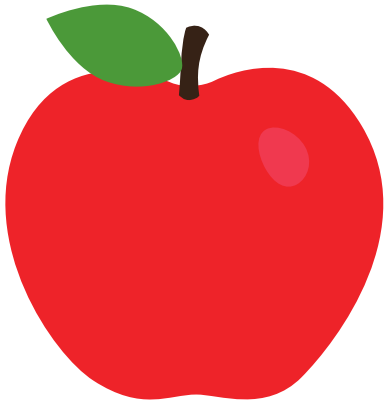
PLACE YOUR ORDER HERE TODAY! CLICK HERE

Every box sold raises $8–$10 directly for our school, helping us fund upcoming field trips and classroom enrichment activities.

Thank you so much for supporting our students!

Warmly,

École Sperling Elementary School PAC



ÉCOLE SPERLING SCHOOL
2200 Sperling Avenue, Burnaby, B.C. V5B 4K7 (604) 296-9030

Sperling Spirit Wear Is Here!

October 29, 2026

Dear Sperling Families,

We are excited to announce the launch of our very own Sperling Spirit Wear!

Families can purchase hoodies, t-shirts, and sweatshirts featuring the Sperling logo. Spirit wear is a wonderful way to celebrate our school community, show school pride, and help students feel connected and included.

In addition to building school spirit, this initiative will serve as a fundraiser for Sperling Elementary. Proceeds from spirit wear sales will support school programs, activities, and opportunities that benefit our students throughout the year.

Whether you're cheering on your child at an event, attending a school activity, or simply showing your Sperling pride around the community, we hope you will join us in supporting this exciting new initiative.

Ordering details:

sperlingspiritwear.itemorder.com

Ordering deadline is November 12.

Thank you for your continued support of our school. We look forward to seeing our Sperling

community proudly wearing our school colours and logo!

If you have any questions, don't hesitate to reach out.

With care,

Tanis Anderson

Principal

Sperling Elementary School